



1st BeEmTel Multiplier Event

INNOVATIVE MANAGEMENT OF CHRONIC CONDITIONS THROUGH TELEMEDICINE

University of Thessaly in collaboration with the University of Eastern Piedmont

BeEmTel Erasmus Project KA2 for Higher Education (2021-2024)

**Beyond the Emergency: Telecare For Non-Communicable Diseases Through
Simulation Techniques**



Tuesday May, 31st 9:00-16.30 CEST

[Zoom link - www.beemtel.eu](http://www.beemtel.eu)

Info: beemtel@uniupo.it

h 9.00 - 11.00 - BeEmTel: an Erasmus Higher Education Project devoted to Telemedicine and Simulation. Expectations from the first Project Result

Evangelos Fradelos (University of Thessaly) - *Cheer*

Gianluca Aimaretti (Director DIMET UPO - Head of BeEmTel Scientific Committee)

Greeting and Introduction

Emiliano Loria (PM BeEmTel-UPO)

Goals of BeEmTel: new pedagogical tools for European Higher Education

Ioanna V. Papathanasiou (University of Thessaly)

Skills and Competencies required for Telecare Activities and Interventions

Michela Barisone (Coordinator QC BeEmTel -UPO)

Achieving unanimous consensus: the Delphi Technique

Evangelos Fradelos (University of Thessaly)

Meeting health-related needs: Chronic Patients' and informal caregivers' perspective.

Coffee break

h 11.20 - 13.00 - A look into chronicity

Session chair: Emiliano Loria (UPO)

11.20 *Telerehabilitation interventions in the management of post-stroke disability*

Marco Invernizzi, Associate Professor, Department of Translational Medicine (UPO)

11.40 *Long Covid: a novel syndrome with a multidisciplinary approach. The role of*

telemedicine Mattia Bellan, Associate Professor, Department of Translational Medicine (UPO)

12.00 *Computer/Internet use and attitudes, and eHealth literacy among people with*

schizophrenia Christina Athanasopoulou, Assistant Professor, Department of Occupational Therapy (University of West Attica)

12.20 *Home-monitoring systems in healthy ageing and mild cognitive impairments*

Gaia Romana Pellicano, Neuropsychiatry Laboratory (Santa Lucia Foundation, IRCCS)

Discussion

Lunch h 13.00 - 14.00

h 14.00 - 15.20 Chronic disease management and Health informatics
Session chair: Evangelos C. Fradelos (University of Thessaly)

14.00 *Can digital technology diminish inequalities in chronic disease management?*

Lessons learned during the Covid 19 pandemic Maria Malliarou, Associate Professor of Occupational Health Nursing, University of Thessaly

14.20 *Digital Technologies in Skills Development for Dementia Patients and their Caregivers* Dimitrios Mantzaris, Laboratory Teaching Staff in Computational Intelligence and Health Informatics, University of Thessaly

14.40 *Cardiac rehabilitation: from home-based to telerehabilitation*

Stella Zetta, LTS Clinical Nursing, Faculty of Nursing, University of Thessaly

Discussion

Coffee break

h 15.20 - 16.30 - Telecare in respiratory disorders. Are we there yet?
Session chair Foteini Malli (UTH)

15.20 *Telehealth in obstructive pulmonary diseases: the example of asthma and cystic fibrosis* Georgia Rapti, MD, PhD, University of Thessaly

15.40 *Use of telehealth in patients with Pulmonary Embolism: increasing care with telecare?* Foteini Malli, MD, PhD, University of Thessaly

16.00 *Feasibility of remote monitoring of patients with Idiopathic Pulmonary Fibrosis: going mobile in primary care* Paraskevi Kirgou, PhD, University of Thessaly